

# Courage Center

Zach, 18, was born with spina bifida and has no use of his legs and limited use of his arms and hands. He lives in a small community where there are no programs for people with disabilities. Zach is a huge sports fan and over the years his family has tried to involve him in different activities. When Zach's family learned about Courage Center Duluth's adaptive ski session at Giant's Ridge, they immediately enrolled Zach. Through the program, Zach's family has been able to ski together. His mom says, "He was actually able to participate in something without having Mom and Dad right there breathing down his neck to be sure he was okay. Giant's Ridge is a two-hour drive from our home, but let me tell you it was worth every minute of the drive to see how much fun Zach had skiing down the hills."

